

# GRACE ATHLETIC

## Code of Conduct



**Mission Statement:**

**We will use athletics to develop the discipline and teamwork that will enable young men and women to become all God has called them to be.**

**GRACE ASSOCIATION SCHOOLS**

**24466 W EAMES STREET, CHANNAHON, IL 60410**

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## PRACTICE

1. Everyone is expected to be at all practices and to be on time. On time means dressed and ready to go at least 5 minutes prior to the start of practice. Excused absences include illness and emergencies, but you must notify the head coach at least 1 hour prior to the start of practice. You will be allowed 2 excused absences each additional excused absence will result in a one game suspension. ANY unexcused absence will result in a one game suspension. If you are late to practice more than 3X, it will be considered an unexcused absence.
2. Cell phones must be turned off and kept in your backpack or your locker from the beginning of practice until the end of practice.
3. When the whistle blows, stop all action.
4. When a coach is speaking, all players should be quiet and attentive.
5. Treat coaches with respect, they will treat you accordingly.
6. **NO** drinking water or sitting down except at designated break times.
7. **NO** criticizing your teammates. Compliment and encourage each other. **Coaches will handle the critiquing.**
8. Vulgar or obscene language, even if borderline or implied, will not be tolerated.
9. Any indication that you are engaged in sexual activities or involved with drugs, alcohol, or tobacco will result in immediate disciplinary action which could include removal from the team.
10. If you have questions, Please ASK!
11. Your level of performance comes from ATTITUDE, ABILITY, & IMPROVEMENT. Keep working to improve your athletic skills.
12. **Take care of the FACILITIES & EQUIPMENT. This is YOUR school.**
13. Do not roam hallways after school, stay in the gym area or the practice area.

## GAMES & TRAVEL

1. You are expected to be at all games on time. You must arrive at all home games 45 minutes prior to the start of the first game. Players playing later in the day are to be dressed and in the bleachers, sitting together, supporting the teams playing ahead of them.
2. You must ride to and from road games by transportation provided by the school. **Approval to leave with parents to return home may be granted by the Athletic Director (if present) or the head varsity coach only. If you ride home with parents, you must fill out permission form and give to the Athletic Director (if present) or head coach prior to leaving. You may only leave if a parent is there to sign you out!**
3. Mandatory dress must be worn to school and traveling to all away games. The school handbook can be consulted for the rules regarding mandatory dress. Mandatory dress is required for home games as well, except for days which fall in spirit week. GRACE athletes who are actually dressing for spirit week may do so, otherwise mandatory dress rules apply.
4. Cell phones must be turned off 45 minutes prior to the start of games and may not be turned back on until the head coach has dismissed you from the locker room following the game.
5. You may listen to music on bus rides. **However, the music must not contain any vulgarities, obscenities, or sexual references.** Make sure the music you listen to is positive and preferably Christian, fill your mind with the things of God.
6. You are expected to be good Christian leaders. Be a good testimony to the student body especially the younger students that will be looking up to you. Show Christian character in all you say or do, on and off the field of play.
7. You must give support and follow the leadership of your coaches and your team captain.
8. When on the bench, give support to the players on the field of play.
9. You must maintain a passing grade in all classes in order to play. By not maintaining this, you will not only be hurting yourself, but also the team. If you need tutoring or assistance, please talk to the school principal or administrator, they will set you up with the help you need.
10. **EVERY** player will help clean up after each home game - remove trash, put away chairs, etc.

## **CHRISTIAN ATHLETES' COMMITMENT**

In every athletic situation whether practice or games, I will dedicate myself to give a total release of all I am mentally, emotionally, and physically- and to become more like Christ.

**If the head coach elects to use team captain(s), then the following applies. Failure to do so may result in removal as team captain, either at the discretion of the coach, or the Athletic Director.**

### **GRACE Team Captain Responsibilities:**

1. Exemplify Christian character at all times both on and off the court.
2. Be an example to your teammates spiritually and academically. This does not mean you have to be a "perfect" Christian or a straight 'A' student but rather that you give God your best.
3. Lead your teammates in practices and in games by exemplifying hard work and determination and by being your team's voice.
4. Hold your teammates accountable for their Christian character, their spiritual growth, their academic success, and for their effort in practice and in games.
5. Be an encourager to each one of your teammates **both on and off the court.**
6. Express the feelings and concerns of your teammates to your Coach.
7. Be the hardest worker on the team in practice and in games.
8. Be present and on-time to ALL practices and games. Unless there is an emergency, you are ill, or it is a pre-arranged absence.
9. Be prepared to lead the team in prayer before/after games and to lead devotions on trips.
10. Keep the team **UNITED** in mind and thought- let there be no division among us.

**Parent / Guardian Signature:**

I/we the parents or legal guardian of \_\_\_\_\_, a student athlete at GRACE, have read and agree to be held accountable to the GRACE Athletic Handbook.

I/we will support the school administration in their application and use of this handbook, and we agree that the decisions made by the GRACE athletic staff and administration are final.

\_\_\_\_\_ Date: \_\_\_\_\_  
Parent / Guardian Signature

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**Student Athlete Signature:**

I \_\_\_\_\_, a student athlete at GRACE have read and agree to be held accountable to the GRACE Athletic Handbook.

Additionally, I have read and agree to be held accountable to the GRACE Athletic Code of Conduct and the GRACE Team Captain Responsibilities (if applicable).

I will support the school administration in their application and use of this handbook, and we agree that the decisions made by the GRACE athletic staff and administration are final.

\_\_\_\_\_ Date: \_\_\_\_\_  
Student Signature

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**TRANSPORTATION RELEASE:**

I/we the parents or legal guardian of \_\_\_\_\_, a student athlete at GRACE grant permission for my student to travel to/and from all athletic events off campus in school owned vehicles or GRACE approved vehicles of faculty or parents.

\_\_\_\_\_ Date: \_\_\_\_\_  
Parent / Guardian Signature